

Teach **the 5 habits of mind** children need for success in school

Introduce these 5 stances



Optimism



Persistence



Flexibility



Resilience



Empathy

with **guided inquiry**
then **reinforce with**

Individual Conferences
for growth-oriented goals



Whole-class Storytelling
for positive mental pathways



Whole-class Conversations
for constructive reflection



Small-group Instruction
for productive self-talk

